



TELADOC™

Talk to a doctor anytime

Teladoc gives you 24/7/365 access to U.S. board-certified doctors through the convenience of phone, video or mobile app visits. It's an affordable alternative to costly urgent care and ER visits when you need care now.



MEET OUR DOCTORS

Teladoc is simply a new way to access qualified doctors. All Teladoc doctors:

- Are practicing PCPs, pediatricians, and family medicine physicians
- Average 20 years experience
- Are U.S. board-certified and licensed in your state
- Are credentialed every three years, meeting NCQA standards

GET THE CARE YOU NEED

Teladoc doctors can treat many medical conditions, including:

- **Cold & flu symptoms**
- **Allergies**
- **Sinus problems**
- **Ear infection**
- **Urinary tract infection**
- **Respiratory infection**
- **Skin problems**
- **And more!**

WHEN CAN I USE TELADOC?

Teladoc does not replace your primary physician it is a convenient and affordable option for quality care.

- When you need care now
- If you're considering the ER or urgent care for a non-emergency issue
- On vacation, on a business trip, or away from home
- For short term prescription refills

Talk to a doctor anytime for **free!**

Teladoc is just a click or call away!



Teladoc.com



1-800-Teladoc (835-2362)

DOWNLOAD
THE APP
TODAY >>>





Registration Instructions

With Teladoc, you and your family can talk to a US-based, board certified doctor in minutes, 24/7/365, who can diagnose, prescribe, and answer any medical questions you have!

3 WAYS TO REGISTER



Online

OR



Mobile App

OR



Phone



Teladoc.com



1-800-Teladoc (835-2362)



Teladoc.com/mobile

Follow these steps to get started:

1. Visit member.teladoc.com/registrations or scan the QR code
 - a. You can also call (800) 835-2362 to register by phone or download and register through the mobile app @ teladoc.com/mobile
2. Be prepared to provide the following information and click 'Continue':
 - a. First Name
 - b. Last Name
 - c. Date of birth
 - d. Zip Code
 - e. Email Address
 - f. Preferred Language
 - g. Gender
3. If your benefits are found, select the option that includes the name of your group as your benefits provider and click "Continue".
 - a. **Note:** If your benefits are not found, please call (800) 835-2362 to talk to a client support representative who will help find your account.
4. Follow the rest of the steps to complete your registration.



Once you are finished, you can complete your medical history, add dependents and start connecting to the care you need, when you need it most.

Access Teladoc 24/7 via the app, online at Teladoc.com or by calling (800) 835-2362.